1st summer TKD and hopae, 1st summer exams, Big summer TKD and gumdo, Big summer trials

WHEN: 1st summer taekwon-do and hopae July 7 - 11 (14:00), 1st summer exams July 11 (16:00) - 15.

Big Summer Taekwon-do and Gumdo Aug 26 – 30 (14:00), Big Summer exams Aug 30 (16:00) – Sep 1st.

We no longer organize a departure meeting for shared transportation due to almost no usage. Arrange within groups with other registrants, or a teacher can help.

Arrival for own transport on the first day for the 1st summer TKD and hopae from 18:00, for the Big summer TKD and gumdo from 10:00 – NO earlier. Other days anytime between 9:00 and 21:30. Participant pickup always on the last day at approximately 15:00 (exams start at 13:30, exams only on camps that have the word "exams" in the title). To be able to take one exam, you must stay at the whole event with "exams" in the title. However, the main task is not the exams but intensive training and improvement.

WHERE: all in our Centre Beztahov, Votice – map in the Events Schedule

Currently 4 large log cabins with 30 beds - rooms 8,8,8,6 plus bathrooms, and toilets in each cabin. Home-made Czech and Asian food on site. We practice outdoors and indoors. Swimming on site and nearby. Swimsuits all with you!

<u>WHO AND WHAT:</u> both <u>1st summer</u> = longest but less intensive training camp plus hopae sool, two training sessions a day and afternoon trips, games...

Both <u>Big Summers</u> = 3 training sessions a day plus Korean sword, intensive training camp with intensive preparation for exams.

All camps are for everyone, including beginners.

PRICE: You can use the calculator at https://www.tkd.cz/kalkulacka.aspx to calculate the price. The price includes transportation to and from the reunion site, food and drink, accommodation, training sessions, any exams, and equipment to gain each technical level (dobok, set of pads, method books, lapa, training knife - members aged 9 years and older who have been in our school for 13 months or more and have not attended any camp in the last 13 months are not eligible for this equipment).

1 day 1000CZK minus discounts

Discounts:

- > 50 % every third and additional practising family member, GBHS teachers, lifelong members
- ➤ 10% for registration until July 1st and deposit 1500CZK for the event until July 1st
- > 5% of the whole of both 1st Summer or both Big Summer
- ▶ 10 % only on days when the capacity is full for living in your own (our) tent or without accommodation

Within a week after the deadline for discounts, in case of overcrowding, a discount for your own or our tent or private accommodation will be announced. If you are interested in this option, please write in the comments. In the event of such unresolvable overcrowding, participants with the shortest stays in order of the latest sign-ups will be invited to take advantage of this discount or reschedule, or sleep on mats in the gym. We anticipate this situation for the 1st Summer exams and the Big Summer exams at the most. It is therefore important to sign up as soon as possible for ideally both consecutive camps and pay the minimum deposit immediately.

No discounts can be applied for payments after the event, including any additional payments. Please register only through the Events Schedule at www.tkd.cz. Pay preferably to the school account 2001870779/2010 (IBAN CZ53 2010 0000 0020 0187 0779, SWIFT FIOBCZPP) with the VS generated at registration or to the teachers. Additional fees and payments can be made on site on arrival. Deposits are refundable only if excused two days prior to the start of the entire camp for serious documented medical reasons. Please contact info@tkd.cz to make any changes to your registration.

NOTICE AND WHAT TO BRING: From 9th kup school dobok, <u>A SLEEPING BAG</u>, eventually a pillow, small pocket money, common needs as for camps. From yellow belt school lapa to take with you and from green school pads. Shoes and clothes for indoor and outdoor practices. Family visits by appointment only. Do not bring non-school equipment (dobok, pads...) except for current national team players for their racing pads and Ukrainian refugees for their brought pads. Cell phones are not recommended for smaller children.

- no valuables, electronic kitchen appliances, small pocket money possible
- Any participant may be sent home without refund at the discretion of the teachers.
- Parent's number and health insurance card will be carried by everyone

ORIENTATION PROGRAMME:

- 8:40 breakfast
- 9:30 training
- 12:30 lunch
- 15:00 afternoon program (screenings, team training, running, HP or HG training...)
- 16:00 Afternoon training (1st summer mostly non-training program),
- 18:15 dinner
- 19:30 training (by appointment possible without preschoolers),
- curfew according to age from 22:00

If your child can recognize right and left, knows clocks, has basic hygiene habits, and is able to communicate with the teacher (e.g. tell him/her that he/she is sick) - there is no problem for him/her to manage the event on his/her own. For young children, we recommend the participation of a parent, rather than the worried and tearful daily phone calls home, which are technically challenging to do here. Parents must encourage direct communication between student and teacher. I believe that anyone interested in Taekwon-do will take advantage of these opportunities to practice intensively, perhaps even under the guidance of Grandmaster Hwang Ho-yong himself, and will surely be rewarded with a nice result at the exams. Remember that it is better to come for a weekend than to sit at home. I hope that all those who are really interested in practicing will choose to attend at least one whole event - otherwise consider whether TKD is just a waste of time for you. For beginner and white belts are camps very important. There will be a massive recruitment drive for newbies again in September, and those without a yellow belt will be starting with them again. Therefore, we encourage all beginners to make every effort to achieve a yellow belt over the summer. All those who did not attend a camp during last school year should select at least one event as well so as not to lose eligibility for free gear. Don't forget about the other events that have been described on the flyers already issued - camps not just STM, summer camp with Grandmaster Hwang, and FMA camp. All see. Schedule of events at www.tkd.cz.