

NOT ONLY STM TRAINING CAMP 2025

WHEN:

- WINTER 5-9 Feb 2025
- SUMMER 4-10 Aug 2025
- AUTUMN 24-28 Sep 2025

Arrival no earlier than 9:30, first training from 10:30. End of the events and departure always around 15:00 - 16:00 (NO without handing over the cleaned room)

WHERE: our Centre Beztahov by Votice (map on www.tkd.cz)

WHO: The camps are for confirmed STM and STS members, participation in the entire camp is mandatory. STM members are automatically registered for the event. Regular members who are interested in being nominated to STM and STS may also attend the camp. The conditions are participation in the entire event, submission of the signed STM or STS contract on arrival, submission of a medical examination for combat sports certified by a sports physician. (The link to the sports physical can be found at www.tkd.cz, in the STM/STS section.

PRICE: Basic price - 1 day/1000CZK

Discounts:

- 50% each third and additional practicing family member, GBHS teachers and lifetime members
- 10% for a deposit of 1500Kč paid on time by the end of the previous month
- 40% STM/STS member

No discounts can be applied for payments after the event, including any additional payments. The price includes food, drink, training, accommodation and any tests and equipment necessary for each technical level (dobok, belts, paws, pads...). Equipment will not be provided to 9 year olds or older who have not been to camp for at least two days and have been in our school for more than 13 months. Please register only through the Schedule of Events www.tkd.cz. Pay preferably to the school account **2001870779/2010 (IBAN CZ53 2010 0000 0020 0187 0779, SWIFT FIOBCZPP)**. Additional fees and payments can be made on the spot upon arrival. Deposits are refundable only if excused two days prior to the start of the entire camp for serious documented medical reasons.

PROGRAM: Three to four training sessions a day. Intensive technical, tactical and physical training.

WITH YOU: School dobok, school protectors from green belt, school sheet from yellow belt, training knife from 1st kup, pencil, paper, clothes and shoes for outdoor and indoor exercise, health card. We only support equipment obtained free of charge or purchased at our school, exceptions are made for current members of the ITF and EITF approved pads. **Please do not bring other equipment to events.** It is necessary to bring a **backpack** or a pillow. Strict prohibition of valuables and large sums of money for minors. Cell phone equipment will be left to the discretion of the parents and their responsibility. Allergy sufferers and the like, please be well equipped with medication and report any medical problem that could limit training in advance!!!

WARNING:

- For younger unaccompanied children, we assume basic hygiene habits, knowledge of the clock, right and left sides, and the ability to communicate with the teacher, which every parent must support. If not, unaccompanied participation is impossible
- We are not going to the seaside for a holiday, so expect a reasonable physical load.
- By attending this event you significantly increase your chances of qualifying for the trials and competitions.
- Each underage child will have a phone number for their parents, preferably a cell phone.
- In the event of insubordination, anyone may be expelled from the event without refund at the discretion of the teacher, or may be ordered to pay damages.
- More detailed info can be found on our website for each event in Rules for staying at the camp
- It is better to read the whole leaflet again and then ask if you are unsure.

Info and excuses: urgent **Martin Zamecnik +420 603 302 739, normal -**

!See you at the training camp!