Second Winter, First Spring and Big Spring camps and EXAMS

WHEN:

3-9 Feb Second winter 10-16 Feb First spring







Arrival on the first day of the event no earlier than 9:30 (other days anytime). First training from 10:30. Arrival at the training camp the previous evening is possible by arrangement.

End of the event and departure around 15:00 (not without handing over the cleaned room).

WHERE: our Centre Beztahov by Votice (map on www.tkd.cz)

WHO: The camps are for all interested people. Exams will take place on the last day from about 13:30. To be eligible to take and possibly participate in one of the TKD exams, you must complete at least the full final 2 days of training. That means that you must arrive at the latest on the penultimate day at 9:30 and complete all training sessions. Alternatively, it is also possible to attend a minimum of 3 full other days and arrive for the final exams if successful. As the number of practice sessions increases, so does the chance of a successful retake. The exams are only for registered members of the school who have paid their dues properly (also applies to other martial arts). We will also be practicing Gumdo at the First Spring and Hopaesool at Big Spring. There will always be an opportunity to take exams on the last day as well. The camp is suitable for all interested people, including complete beginners. Especially, for fall beginners who have not yet passed the exams for the higher technical levels.

PRICE: Basic price: 1 day = 1 000 CZK minus discounts

Discounts:

- 50% each third and additional practicing family member, GBHS teachers and lifetime members
- 10% for signing up and a deposit of 1 500Kč paid by the end of the previous month
- 5% of the whole camp

The price includes food, drink, training, accommodation and any tests and equipment necessary for each technical level (doboky, belts, paws, pads....). Equipment will not be provided to 9 year olds or older who have not been to camp for at least two days and have been in our school for more than 13 months. No discounts are available for payments after the event, including refunds. Please register only through the Schedule of Events www.tkd.cz. Pay preferably to the school account 2001870779/2010 (IBAN CZ53 2010 0000 0020 0187 0779, SWIFT FIOBCZPP) with the VS generated at registration or to the teachers. Additional fees and payments can be made on site on arrival. Deposits are refundable only if excused two days prior to the start of the entire camp for serious documented medical reasons.

PROGRAM: Three training sessions a day. Beginners will have a separate group in order to raise their technical level as much as possible. You can expect many games and competitions.

WITH: school tobok from white-yellow belt, school pads from green belt, school sheet from yellow belt, training knife from 1st kup, pencil, paper, clothes and shoes for outdoor and indoor exercise, good mood and desire to exercise and learn, health card. We only support equipment obtained or purchased in our school, exceptions are made for current members of the ITF and EITF approved pads. It is necessary to bring a sleeping bag and/or pillow. Strict prohibition of valuables and large sums of money for minors. We will leave cell phone equipment at the discretion of the parents and their responsibility. We do not recommend mobile phones for children under 13 years of age. Allergy sufferers and the like, please be well equipped with medication and report any medical problem that may limit training in advance!!!

WARNING:

- For younger unaccompanied children, we assume basic hygiene habits, knowledge of the clock and right and left sides, and the ability to communicate with the teacher, which every parent must support. If this is not the case, unaccompanied participation is impossible
- We are not going to the seaside for a holiday, so expect a reasonable physical load.
- By attending this event you significantly increase your chances of qualifying for the trials and competitions.
- In the event of insubordination, anyone may be expelled from the event without refund at the discretion of the teacher, or may be ordered to pay damages.
- It is better to read the whole leaflet again and then ask if you are unsure.

info and excuses: urgent Martin Zamecnik 603302739, normal - <u>info@tkd.cz</u> !See you at the training camp!